Course structure and content

Course 内容及結構

A) Physiotherapy Major Study

Common underpinning and core subjects 基本科

Anatomy, Physiology, Pharmacology in Rehabilitation, Clinical Neurology & Neuroscience, Rehabilitation Psychology, Exercise Science, Movement Science, Orthopaedics and Traumatology, Research Methods and Statistics

B) Professional Practice 治療技術科

Therapeutic procedures 治療技術

Manual Therapy, Electro-physical Therapy, Exercise Therapy, Functional Training and Rehabilitation, Pain Management, Exercise Prescription, Motor Development, and Administration

Professional content 進修項目

Musculoskeletal Physiotherapy, Cardio pulmonary Physiotherapy, Neurological Physiotherapy, Primary Health and Community Care, Aging and Geriatrics, and Acupuncture

C) Clinical education 临床教育

Students have to complete over 1000 hours of clinical education in different settings including hospitals, out-patient departments, rehabilitation centers, specialty centers, special schools, and community-based organizations. Students also have opportunities for overseas and/or mainland placement.

III) General University Requirements (صر

Language and Communication, Freshman Seminar, Leadership & Intra-personal Development, Service Learning, Healthy Life-style and General Education

IV) Transferable Academic Programmes (可

Student can choose to take minor programme or free electives according to needs, aspiration and abilities.

What’s new and unique in the 4-year curriculum in physiotherapy?

4年課程的特色

New curriculum is enriched with the latest and most advanced professional knowledge and clinical practice in Physiotherapy.

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Comprehensive General Education programme for all-rounded personal development

Opportunity to take minor study in an area to add-on to the major study (18 credits)

Admission requirements

For Entry with HOSCE Qualification:

General Minimum Entrance Requirements of the University, i.e.

- 4 core subjects = 1 elective subject
- Level 1 English Language + Chinese Language
- Level 2 Mathematics + Liberal Studies + 1 elective subject

Elective Subjects: Preferably Biology/Physics/Combined Science with Biology or Physics

入學資格

物理治療本科學士

BSc (Hons) in Physiotherapy

物理治療學 (榮譽)理學士

物理治療

World-class: Be part of it.
Physiotherapy is a dynamic profession. Physiotherapists adopt holistic approaches to integrating anatomy, physiology, physics, pathology, psychology, as well as humanity in the management of health-related problems of people with and without illness. The aims of physiotherapy include promoting health and well-being of individuals; preventing and treating injuries and dysfunctions; restoring and maximizing independence in daily activities so as to enhance the individuals’ quality of life.

What is Physiotherapy?
Physiotherapy is a profession that blends physical, emotional, and psychological aspects of the body. It focuses on improving mobility, reducing pain, and improving overall function. Physiotherapists work with individuals of all ages and health conditions to help them achieve their optimal level of function.

What do Physiotherapists do?
Physiotherapists perform assessment, diagnosis, treatment and evaluation for individuals with dysfunction caused by musculoskeletal, neurological, cardiovascular and respiratory conditions. We use a variety of physical approaches to enhance patient care. Some examples are electrotherapy, manual therapy, exercise prescription, massage, hydrotherapy, and other therapies and techniques. We also provide health education and promotion to help individuals to achieve healthy lifestyle.

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World Class: Be part of it.

Career opportunities
Our practice encompasses a diversity of specialty areas to serve different client groups in the community, from infants to the elderly, with their specific needs. We work in different settings including public and private health organisations, hospitals and rehabilitation centres, private practices, sports institutes, fitness centres, work settings, special schools, elderly homes, and community centres.

Study opportunities
Local and overseas postgraduate programmes are available upon graduation. The Department of Rehabilitation Sciences offers postgraduate programmes in various specialties areas as well as research programmes leading to MPhil and PhD qualifications.

Professional recognition
Graduates are eligible to register with the Physiotherapists Board of Hong Kong. They will require post-graduation physiotherapy experience and/or further postgraduate education to be considered eligible for the registration with the Physiotherapists Board of New Zealand and the Health Professions Council (HPC) in the UK.

Special recognition
Graduates are eligible to attempt licensure examination in Australia, Canada and USA, which is equivalent to the local graduates in those countries.

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