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9th Pan-Pacific Conference on Rehabilitation cum
21st Annual Congress of Gerontology
第九届泛太平洋康復會議暨第廿一屆老年學週年會議

Date: 29-30 November 2014
Venue: Jockey Club Auditorium, The Hong Kong Polytechnic University

Rewinding the Aging Clock
黃金歲月•活出精彩

Program Book

Co-organizers

Supporting Organizations

Acknowledgement of sponsorship
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Message for
The 9th Pan-Pacific Conference on Rehabilitation cum
21st Annual Congress of Gerontology

As in the case of many advanced economies, Hong Kong’s population is ageing. By 2041, Hong Kong’s population is expected to grow by 1.3 million to 8.5 million, with nearly one in three aged 65 or above. The aging trend in Hong Kong will give rise to increasing healthcare needs in near future.

In view of these demographic changes, the Hong Kong SAR Government has implemented a series of measures over the years to ensure the sustainability of our healthcare system. These include enhancing primary care, strengthening the infrastructure and regulation of hospitals, improving the public system and promoting public-private partnership in healthcare services. We also seek to formulate a healthcare manpower strategy to ensure an adequate supply of medical personnel for meeting future needs.

Besides the above efforts made by the government, we would also call on medical professionals, rehabilitation specialists and relevant experts to join together to identify ways of enhancing the physical and mental health of the elderly. The 9th Pan-Pacific Conference on Rehabilitation cum 21st Annual Congress of Gerontology provides an excellent platform through which experts from all over the world may come together to exchange ideas and latest developments on Gerontology.

I would like to express my sincere gratitude to the Hong Kong Polytechnic University and the Hong Kong Association of Gerontology for its successful organization of this Conference. I also wish all participants a fulfilling and enriching experience and to our delegates, a pleasant stay in Hong Kong.

Dr. KO, Wing-man, BBS, JP
Secretary for Food & Health
Hong Kong Special Administrative Region
Message for
The 9th Pan-Pacific Conference on Rehabilitation cum
21st Annual Congress of Gerontology

It gives me great pleasure to welcome all delegates to the 9th Pan-Pacific Conference on Rehabilitation cum 21st Annual Congress of Gerontology in Hong Kong.

According to the World Health Organisation, elderly people are the fastest-growing age group worldwide. By 2050, 2 billion people – or a nearly a quarter of the world’s population – will be aged 60 or above. Hong Kong is no exception and is facing a steadily aging population. Currently, the life expectancy in Hong Kong has increased to 81 years for men and 86 years for women, almost the highest in the world. And the figures will rise to 85 for men and 91 for women in 2041. At present, one out of seven Hong Kong people is aged 65 or above. This ratio will rise to staggering one in three by 2041.

An aging population poses challenges to our health-care, social welfare and elderly care services systems. Anyway, we believe that enabling our elderly to stay active and healthy is the key to the sustainability of the health-care and social welfare systems. Early intervention to promote an active life can also reduce the proportion of elderly becoming frail at an early stage. Over the years, the Hong Kong SAR Government has been upholding and advocating the concept of active aging in our policymaking.

I am glad that the Organizing Committee has adopted “Rewinding the Ageing Clock” as the theme of the Conference. It is indeed a valuable and timely occasion for rehabilitation and healthcare professionals, academics, students and healthcare administrators in the Asian Pacific Region to meet and share their insights and experiences in handling issues surrounding aging. I firmly believe that exchanges resulting from this conference will inspire us to develop innovative initiatives and embark on forward-looking strategies in meeting the changing needs of our communities.

I would like to congratulate the Department of Rehabilitation Sciences of The Hong Kong Polytechnic University and the Hong Kong Association of Gerontology on their joint efforts in organizing this important and successful event.

I wish you all a rewarding conference and all overseas delegates an enjoyable stay in Hong Kong.

Mr Stephen Sui Wai Keung, JP
Under Secretary for Labour and Welfare
Hong Kong Special Administrative Region
Welcome Message

The Pan-Pacific Conference on Rehabilitation (PPCR) was inaugurated in 1998 and has since become our Department’s iconic biannual event. Over the last 8 PPCRs, we have witnessed the growth of the conference from being mostly a local event to the present stage of an important meeting for rehabilitation professionals, academics, students and healthcare administrators in the Asia Pacific region and beyond. We have the honor of co-hosting the 9th PPCR with the Hong Kong Association of Gerontology for their 21st Annual Congress of Gerontology on “Rewinding the Aging Clock” between 29 and 30 November 2014.

The conference organizing committee has invited four distinguished speakers from Australia, Prof. Keith Hill, Prof. Lindy Clemson, and Prof. Leon Flicker and also Prof. Pui Chan from China to speak at the conference. There will also be pre- and post-conference workshops on topics of interest and clinical skills.

For those who have come to the previous PPCRs, we thank your vote of confidence on us again and for those who are new to the PPCR, we welcome you and hope you will have a very fruitful and memorable experience of the PPCR. We look forward to seeing you all at the conference and showing you our local hospitality.

On behalf of Hong Kong Association of Gerontology which is the co-organizer of the Pan-Pacific Conference on Rehabilitation cum 21st Annual Congress of Gerontology, we would like to welcome you to participate in this conference with the theme of Rewinding the Ageing Clock. Population aging will be of major impact to the Asian Region in the next 20 years. Aging has been depicted in many public debates as problem for the society. GHowever, this is not particularly true as the majority of older people enjoy good health and live with an active life. It is the small proportion of older people who suffered from chronic ill health and disability that resulted in a high demand on health care and long term care which are of high cost to the society. In this world of aging prevention of ill health and disability in older population will improve the quality of life of older people, relieve the burden to the family and the society.

It is timely for us to organize this conference together with the Department of Rehabilitation Science of The Hong Kong Polytechnic University to bring together experts from United States, Australia, China and other Asian Countries to examine the advances related to promoting healthy aging, prevention of diseases and disability.

We hope through this conference could bring forward the knowledge, skills and practice to the multi-disciplinary team involved in healthcare and social services for older people.

On behalf of the Organizing Committee, it is my honour and pleasure to invite you to attend the 9th Pan-Pacific Conference on Rehabilitation cum 21st Annual Congress of Gerontology, by Department of Rehabilitation Sciences in co-organizing with the Hong Kong Association of Gerontology, in Jockey Club Auditorium, The Hong Kong Polytechnic University, Hong Kong, 29 to 30 November 2014.

The PPCR series has become a biannual icon activity of the Department of Rehabilitation Sciences of The Hong Kong Polytechnic University for the past 10 years. The theme of this Conference ‘Rewinding the Aging Clock’ is tended to inspire knowledge exchange and thoughtful stimulating discussion in the aging issue. Aging population is an important healthcare determinant drawing the worldwide attention. Hong Kong faces similar challenges as a result of long life expectancy and low fertility rate as other countries in the Pan-Pacific region. This time, we are honoured to have the opportunity to work together with the Hong Kong Association of Gerontology which organizes the Annual Congress of Gerontology annually in Hong Kong.

I would like to send special thanks to the many individuals that have dedicated their time to ensuring the success of the Conference. We hope you appreciate our program, field visits and social events within the metropolitan venue. Finally, the Organizing Committee looks forward to meeting you in the beautiful city of Hong Kong.
Organizing Committee (OC)

Local Members
- Dr. Kenneth Fong (OC Chairman, RS, PolyU)
- Prof. Gabriel Ng (Chair Professor & Head, RS, PolyU)
- Dr. Edward Leung (President, HKAG)
- Ms. Gloria Chun (HKAG Representative)
- Dr. William Tsang (SC Chairman, RS, PolyU)
- Dr. Doris Chong (SPC Chairperson, RS, PolyU)
- Dr. Andy Cheng (FRC Co-Chairman, RS, PolyU)
- Dr. Billy So (FRC Chairman, RS, PolyU)
- Dr. Sam Chan (SC Representative, RS, PolyU)
- Dr. Shirley Ngai (SPC Representative, RS, PolyU)
- Ms. Gloria Man (Secretary, RS, PolyU)

Overseas Members
- Prof. Jianan Li (Professor in Rehabilitation Medicine, First Affiliated Hospital of Nanjing Medical University, Nanjing, China; Chief Medical Officer, Beijing United Family Rehabilitation Hospital, Beijing, China; President of Zhongshan Rehabilitation Hospital affiliated to Jiangsu Province Hospital, Nanjing, China; President of International Society of Physical and Rehabilitation Medicine, Geneva, Switzerland; Member of National Academy of Medicine, USA)
- Prof. Hisaaki Ota (Professor, Dept of Occupational Therapy, School of Health Sciences, Sapporo Medical University, Japan)
- Assoc. Prof. Cheryl Ramos-Peralta (Dean, College of Rehabilitation Sciences, University of Santo Tomas, Philippines)
- Assistant Prof. Wilaiwan Snow (Assistant Professor, Dept of Occupational Therapy, Faculty of Associated Medical Sciences, Chiang Mai University, Thailand)
- Adjunct Associate Prof. Celia Tan (Group Director, Group Allied Health, Singapore Health Services, Singapore)
- Prof. Jau-Yih Tsao (Director, School and Graduate Institute of Physical Therapy, College of Medicine, National Taiwan University, Taiwan)

Sub-committees

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- Dr. William Tsang (SC Chairman, RS, PolyU)
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- Dr. Raymond Ngan (HKAG Representative, Department of Applied Social Studies, City University of Hong Kong)
- Dr. Mimi Tse (HKAG Representative, School of Nursing, PolyU)
- Dr. Bing-Chung Tong (HKAG Representative, Senior Medical Officer, Princess Margaret Hospital)
- Dr. Wai-Chi Chan (HKAG Representative, Department of Psychiatry, The University of Hong Kong)
- Dr. Sam Chan (RS, PolyU)
- Dr. Roy Cheung (RS, PolyU)
- Dr. Teresa Chiu (RS, PolyU)
- Dr. Benson Lau (RS, PolyU)
- Dr. Joseph Ng (RS, PolyU)
- Dr. Shanay Ng (RS, PolyU)
- Mr. Dennis Mok (Secretary, RS, PolyU)

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- Dr. Shirley Ngai (RS, PolyU)
- Dr. Grace Szeto (RS, PolyU)
- Mr. Kin-Chung Tang (RS, PolyU)
- Ms. Joann Yiu (Secretary, RS, PolyU)
### 28 Nov 2014 (Friday)

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<td>0900-1200</td>
<td>Pre-Conference Short Course I (Venue: ST522/3)</td>
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<td>1400-1700</td>
<td>Pre-Conference Short Course II (Venue: ST522/3)</td>
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<td>1630-1815</td>
<td>Welcome Reception and Registration (Venue: Staff Club, 5/F, Communal Building, PolyU)</td>
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### 29 Nov 2014 (Saturday)

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<td>0815-1645</td>
<td>Registration (Venue: Foyer, JCA – Jockey Club Auditorium)</td>
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<td>0900-0930</td>
<td>Opening Ceremony cum Prize Presentation of The Accreditation Certificates (Venue: JCA)</td>
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<tr>
<td>0930-1000</td>
<td>Plenary Lecture I (Keynote: Prof. Keith Hill) (Venue: JCA, Moderator: Prof. Gabriel Ng) Falls Prevention For Older People: Plenty Of Research Evidence But Limited Translation</td>
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<td>1000-1030</td>
<td>Plenary Lecture II (Keynote: Prof. Piu Chan) (Venue: JCA, Moderator: Dr. Edward Leung) Prediction And Management Of Parkinson’s Disease</td>
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<td>1030-1100</td>
<td>Tea Break</td>
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<td>1100-1230</td>
<td>Focused Symposium I: Aging of Development and Intellectual Disabilities (Venue: ST111) (Moderators: Dr. Raymond Ngan and Dr. Calvin Yip) Bringing Palliative Care into Geriatrics in a Chinese Culture Society - Areas Specific to the Intellectual Disability (Speaker: Dr. Benjamin Cheng) Right to Live Old Gracefully - A Paradigm Shift in the Provision of Rehabilitation Service for Persons with Intellectual Disabilities (Speaker: Ms. Elaine Lam) Marriage Matching vs. Social Action: Strategies of Aging Parents Planning for the Long Term Care for Adult Children with Developmental Deficiency in Macau (Speaker: Dr. Mark K.Y. Li) Age-Related Changes in Physical and Cognitive Function in Adults with Intellectual Disabilities (Speaker: Prof. Marco Pang)</td>
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<tr>
<td>1230-1300</td>
<td>Focused Symposium II: Falls and Fall Prevention, Osteoporosis (Venue: JCA) (Moderators: Dr. Roy Cheung and Dr. Bing-Chung Tong) The Biomechanics of Fall – A Scientific Update (Speaker: Prof. Keith Hill) Advances in Managing Older People with Fragility Fracture and Bone Health (Speaker: Dr. Ian Chan) Elderly Fall Prevention Program in Primary Health Care Setting – New Territories West Cluster (Speaker: Ms. Cherine Ho) Fall Prevention in Residential Care Home for Seniors: A Person Environment Congruence Approach (Speaker: Mr. Joe Sham)</td>
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<td>1230-1330</td>
<td>Lunch</td>
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<td>1330-1430</td>
<td>Poster Presentation (Venue: Foyer, 3/F, Block Y, Lee Shau Kee Building)</td>
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### Scientific Session I

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FACTOR RELATED SMOKING AND ALCOHOL CONSUMING AMONG AGING IN RURAL AREA: A STUDY IN KHON KEAN PROVINCE, THAILAND (A1105)
Yodmial, K., Somrongthong, R. and Peth-Nui, T.

FACTORs ASSOCIATED WITH HYDRATION STATUS IN ELDERLY PATIENTS (A1047)

MARRIAGE MATCHING VS. SOCIAL MOVEMENT: INITIATIVES OF AGING PARENTS PLANNING FOR THE LONG TERM CARE FOR OLDER ADULTS WITH DEVELOPMENTAL DEFICIENCY IN MACAU (A1027)
Li, M.K.Y.

PATIENT PARTICIPATION IN REHABILITATION CENTERS: WHAT OPPORTUNITIES DO OLDER PATIENTS HAVE TO PARTICIPATE IN DISCHARGE DISCUSSIONS? (A1010)
Schoeboe, V., Keel, S. and Staffoni, L.

Scientific Session I: Chronic Diseases Management and Healthy Aging I

Free Paper Presentation (Venue: JCA, Moderators: Dr. Billy So and Dr. Mimi Tse)

A NEW FUNCTIONAL APPROACH TO ASSESSING SITTING BALANCE CONTROL: RELIABILITY AND VALIDITY STUDY (A1074)

ARTERIAL COMPLIANCE IN PEOPLE WITH CHRONIC SPINAL CORD INJURY (A1102)
Chan, W.N., Xiao, J., Lam, Y.T., Fu, S.N. and Tsang, W.W.N.

ASSOCIATION BETWEEN ANKLE MUSCLE STRENGTH, JOINT PROPRIOCEPTION, DORSIFLEXION STIFFNESS AND THE MOBILITY PERFORMANCE IN ELDERLY WITH TYPE 2 DIABETES (A1009)
Ng, K.W.Y., Cheng, G.L.V. and Lo S.K.

FALL PREVENTION PROGRAM – A PRELIMINARY FALL PREVENTION EXERCISE PROGRAM FOR RESIDENTS WITH VISUALLY IMPAIRMENT (A1031)
Lam W.S.W. and Chiu T.S.A.

FOOT PLACEMENT AND ARM POSITION AFFECT THE FIVE TIMES SIT-TO-STAND TEST COMPLETION TIMES OF INDIVIDUALS WITH CHRONIC STROKE (E1011)
Kwong, P.W.H., Ng, S.S.M., Chung, R.C.K. and Ng, G.Y.F.

HEALTH-RELATED FACTORS AFFECTING SURVIVAL: A LONGITUDINAL STUDY OF LONG-TERM CARE RESIDENTS IN A NURSING HOME IN HONG KONG (A1070)
Lai, C.K.Y.

1545-1615

Tea Break

Scientific Session II: Health Services: Implementation and Evaluation

Free Paper Presentation (Venue: ST111, Moderators: Mr. Samuel Chan and Dr. Raymond Ngan)

“VIRTUAL WARD” FROM VIRTUAL TO REALITY (E1022)

AN EFFECTIVE OCCUPATIONAL THERAPY FALLS REDUCTION PROGRAM (OTFRP) FOR COMMUNITY DWELLING ELDERLY PRESENTING IN A&E DEPARTMENT TO PREVENT SUBSEQUENT FALL (A1034)

EFFECTIVENESS OF FALL CLINIC IN GERIATRIC DAY HOSPITAL FOR PREVENTION OF FALLS (A1046)
Cheng, J.N.

PILOT SERVICE REVIEW OF JOINT PHARMACY SERVICE ROUND IN MEDICAL EXTENDED CARE UNIT (A1052)
Mak, W.C., Cheng, P.P.P., Lau, N.Y. and Mo, K.K.L.

THE EFFECTS OF A TRANSITIONAL CARE MODEL ON HOSPITAL READMISSION, MORTALITY AND HEALTH-RELATED QUALITY OF LIFE OF OLDER PATIENTS WITH CHRONIC HEART FAILURE: A RANDOMIZED CONTROLLED TRIAL (A1024)
Yu, D.S.F., Lee, D.T.F. and Choi, K.C.

THE OUTCOMES OF MULTIFACTORIAL FALL RISK ASSESSMENT & MULTIFACETED INTERVENTIONS TO OLDER PATIENTS IN ACUTE HOSPITAL (A1110)
Fung, O.K., Leung, M.F., Yin, T.K., Wong, E. and Poon, A.

Scientific Session II: Chronic Diseases Management and Healthy Aging II

Free Paper Presentation (Venue: JCA, Moderators: Dr. Rosanna Chau and Dr. Edward Leung)

AN INTEGRATIVE REVIEW ON MANAGING FEEDING DIFFICULTIES AMONG OLDER ADULTS WITH DEMENTIA (A1127)
Wong, Y.Y. and Chan, H.Y.L.

DOES WEARING HIP PROTECTORS INCREASE AWARENESS OF FALLS AND LEAD TO DECREASED FALLS? (A1044)
Viriyawattanakul, M., Silsupadol, P., Yu, W.S. and Prasartwuth, O.

EVALUATION OF A PROTOCOL TO OPTIMIZE HEALTH CARE UTILIZATION AMONG COPD PATIENTS WITH HARRPE SCORE > 0.2 (A1029)

MEDIUM FREQUENCY OF WHOLE-BODY VIBRATION TRAINING IMPROVES MUSCLE PERFORMANCE IN PEOPLE WITH SARCOPENIA (A1026)
Wei, N., Pang, M.Y.C., Ng, S.S.M., Lee, R.S.Y., Lau, M.C.K. and Ng, G.Y.F.
NEW PARADIGMS IN STROKE REHABILITATION - EMPOWERING PATIENTS AND CARERS BY MULTIDISCIPLINARY TEAM INTERVENTIONS CAN IMPROVE EFFICIENCY (A1103)
Lin, K.L.

STRUCTURAL VALIDITY OF THE CHINESE (CANTONESE) VERSION OF THE COMMUNITY INTEGRATION MEASURE (CIM): EVIDENCE FROM STROKE SURVIVORS IN HONG KONG (A1097)
Liu, T.W., Ng, S.S.M. and Ng, G.Y.F.

Workshop A: (Venue: TU101) Workshop B: (Venue: GH206)
Hydrotherapy for Chronic Disease Tai Chi Qigong For The Older Breast Cancer Survivors
Warburton, M. Dr. Fong, S.S.M., Luk, W. S. and Dr. Tsang, W.W.N.

1830-2100 Conference Dinner (with advanced registration)
Colour Crystal Restaurant, 3/F Harbour Crystal Centre, 100 Granville Road, Tsim Sha Tsui

30 Nov 2014 (Sunday)

0815-1645 Registration (Venue: Foyer, JCA – Jockey Club Auditorium)

0900-1030 Scientific Session III:
Scientific Session III a: Complementary and Alternative Medicine in Aging

Free Paper Presentation (Venue: TU101, Moderators: Mrs. Miranda Ng and Dr. Calvin Yip)

ARTERIAL COMPLIANCE AND MUSCLE STRENGTH IN OLDER TAI CHI PRACTITIONERS AND SEDENTARY ADULTS (A1093)
Li, X., Hui-Chan, C.W.Y. and Tsang, W.W.N.

EFFECT OF ACUPUNCTURE ON HAEMORRHAGIC STROKE PATIENTS: A RANDOMIZED CONTROLLED CLINICAL TRIAL (E1016)

EFFECT OF AN EIGHT-SECTION BROCADES (ESB) QIGONG EXERCISE PROGRAM ON THE PSYCHOLOGICAL AND PHYSICAL HEALTH OF FRAIL OLDER ADULTS: A PILOT STUDY (E1008)
Heung, R.S.M., Wong, A.S.W. and Tse, M.M.Y.

EFFECTS OF VING TSUN CHINESE MARTIAL ART TRAINING ON MUSCULOSKELETAL STRENGTH, JOINT MOBILITY, BALANCE PERFORMANCE AND CONFIDENCE IN THE COMMUNITY-DWELLING OLDER ADULTS: A PILOT STUDY (A1002)
Lip, R.W.T., Ng, S.S.M., Liu, K.P.Y., Guo X. and Fong, S.S.M.

PRACTICING SITTING TAI CHI IMPROVES BALANCE CONTROL AND EYE-HAND COORDINATION IN THE ELDERLY: A RANDOMIZED CONTROLLED TRIAL (A1073)

TAI CHI PRACTITIONERS HAVE BETTER POSTURAL CONTROL AND COGNITIVE PERFORMANCE IN SINGLE AND DUAL POSTURAL- COGNITIVE TASK PARADIGMS (E1009)
Li, X., Hui-Chan, C.W.Y. and Tsang, W.W.N.

Scientific Session III b: Student Sharing Session
(Venue: ST111, Moderators: Assoc Prof. Cheryl Ramos-Peralta and Dr. Raymond Ngan)

Focused Symposium III:
(Venue: JOA) (Moderators: Dr. Wai-Chi Chan and Dr. Sam Chan)
Dementia

What Drug Treatments Work for People with Dementia?
Speaker: Prof. Leon Flicker

Behavioural and Psychological Symptoms: An Important Therapeutic Target
Speaker: Dr. Wai-Chi Chan

An Overview for the Pathophysiological Mechanisms of Risk Factors for Developing Dementia
Speaker: Dr. Raymond Chang

Focused Symposium IV:
(Venue: TU201) (Moderators: Dr. Shayan Ng and Dr. Mimi Tse)

Aging and Technological Advances

Use of Technology in the Care of Older People with Cognitive Impairment
Speaker: Prof. Timothy Kwok

Conceptualization, Development and Contributions of eLiP: A Technological and Educational Initiative to Enhancing Discharge Planning for Older People
Speaker: Dr. Lisa Low

Contemporary Geriatric Rehabilitation with Technological Advances
Speaker: Ms. Helen Luk

Gerontechnology: A Key to Successful Ageing
Speaker: Ir Dr. Eric Tam

1030-1100 Tea Break

1100-1130 Plenary Lecture III (Keynote: Prof. Leon Flicker)
What Predicts Healthy Ageing?
(Venue: JCA, Moderator: Dr. Raymond Ngan)

1130-1245 Scientific Session IV a: Cognitive Rehabilitation
Free Paper Presentation (Venue: ST111, Moderators: Dr. Wai-Chi Chan and Dr. Sam Chan)

Association of Physical Activity with Cognitive Function, Behavioural Symptoms, and Caregiver's Burden in Chinese Dementia Patients (A1091)
Xiao, J., Ha, J., and Chu, L.W.
COGNITIVE PROFILE OF PEOPLE WITH SUBACUTE STROKE (A1106)
Chan, K. C.
PRACTICE AND OUTCOMES OF A HEALTH AND COGNITIVE ASSESSMENT SERVICE IN A TERTIARY EDUCATION INSTITUTE IN HONG KONG (A1089)
Lai, C.K.Y. and Kwan, R. Y. C.
CAMBRIDGE PROSPECTIVE MEMORY TEST (HONG KONG CHINESE VERSION) FOR PEOPLE WITH STROKE (E1028)
Man, D.W.K., Chan, M.K.L. and Yip, C.C.K.
THE EFFECTIVENESS OF TABLET GAMES FOR IMPROVING COGNITIVE FUNCTIONS AND EYE-HAND COORDINATION AMONG FRAIL ELDERLY WITH COGNITIVE IMPAIRMENTS (E1003)
Tung, K.K., Leung, Y.C., Chan, M.K., Yiu, L.S. and Cheng, Y.W.
THE EFFECTS OF A COGNITIVE INTERVENTION PROGRAMME WITH MUSIC THERAPY ELEMENTS (CIPMT) FOR PEOPLE WITH MILD COGNITIVE IMPAIRMENT: A PILOT STUDY (E1001)
Yuen, K.W.K., Siu, I.W.H., Ng, R.W.M., Ko, M.H. and Wong, A.

Scientific Session IV b: Psychosocial and Community Care II
Free Paper Presentation (Venue: TU201, Moderators: Dr. Roy Cheung and Ms. Rosanna Liu)
A TRIAL PROGRAM OF MODIFIED GARMENT FOR BED-BOUND RESIDENT WITH FLEXOR CONTRACTURE AT NURSING HOME (A1051)
Chan, L.L. and Chang, K.W.R.
AN OCCUPATIONAL THERAPIST'S HOME VISIT REDUCES FALLS FOR SIX MONTHS IN COMMUNITY-DWELLING ELDERLY RECRUITED IN THE EMERGENCY DEPARTMENT (A1033)
FUNCTIONAL REACH TEST AND TIMED UP AND GO TEST SCORES OF COMMUNITY-DWELLING OLDER ADULTS IN MANILA WITH OR WITHOUT HISTORY OF FALLS (A1076)
REGULATION OF DEPRESSION-LIKE BEHAVIOR AND NEUROGENESIS BY DEXTROMETHORPHAN (A1099)
Po, K.T., Siu, A.M.H., Lau, B.W.M., So, K.F. and Chan, C.C.H.
RISK FACTORS FOR RECURRENT FALLS IN COMMUNITY-DWELLING OLDER ADULTS: A PROSPECTIVE MULTI-CENTER STUDY (A1038)
VIRTUAL REALITY IS EFFECTIVE IN REDUCING FALL RISK AND INCIDENCE AMONG FRAIL OLDER ADULTS WITH A HISTORY OF FALLS (E1019)
Tsang, W.W.N., Fong, S.S.M., Tung, K.K., and Fu, S.N.

Round Table Discussion: Public Policy and Healthy Aging
(Venue: JCA, Moderators: Dr. Edward Leung and Prof. Gabriel Ng)
Panelist: Prof. Keith Hill, Prof. Leon Flinker, Prof. Jianan Li, Prof. Alfred Chan, Prof. Paul Yip, Prof. Peter Yuen, Dr. James Luk, Ms. Edith Long, Ms. Priscilla Poon, Mr. Samuel Chan

1245-1345
Lunch / Campus Tour

1345-1445
Poster Presentation (Venue: Foyer, 3/F, Block Y, Lee Shau Kee Building)

1445-1515
Plenary Lecture IV (Keynote: Prof. Lindy Clemson)
Implementing Falls Prevention Evidence Using Quality Processes
(Venue: JCA, Moderator: Prof. Chekwyn Chan)

1515-1545
Tea Break

1545-1700
Scientific Session V a: Translational Cognitive Interventions and MCI
Free Paper Presentation (Venue: JCA, Moderators: Dr. Sam Chan and Dr. Bing-Chung Tong)
A MULTIFACTORIAL OCCUPATIONAL THERAPY PROGRAM FOR OUTPATIENTS WITH MILD COGNITIVE IMPAIRMENT AND EARLY DEMENTIA (A1001)
AGE EFFECT AND INFLUENCE OF MILD COGNITIVE IMPAIRMENT ON WORKING MEMORY PROCESSES: AN EVENT-RELATED POTENTIAL (ERP) STUDY (E1004)
Tan, D.G.H., Ting, K.H., Tsang, E.W. and Chan, C.C.H.
AGING EFFECT ON EGOCENTRIC AND ALLOCENTRIC FRAMES OF REFERENCE IN VISUAL ATTENTION: AN EVENT-RELATED POTENTIAL (ERP) STUDY (A1023)
Au, K.M., Tsang, E., Ting, K.H. and Chan, C.C.H.
ENHANCING COGNITIVE FUNCTIONS OF INDIVIDUALS WITH MILD COGNITIVE IMPAIRMENTS (MCI) USING CHINESE CALLIGRAPHY HANDWRITING—A PRELIMINARY REPORT (A1039)
Chan, C.C.H., Chan, S.C.C., Fong, N.K.K. and Pang, M.Y.C.
ENHANCING EFFECT OF CHINESE CALLIGRAPHY HANDWRITING ON WORKING MEMORY OF INDIVIDUALS WITH MILD COGNITIVE IMPAIRMENT: AN ELECTROPHYSIOLOGICAL STUDY (A1058)
Chan, S.C., Chan, C.H., Fong, K.N. and Pang, M.Y.
RISK OF FALL IN ADULTS WITH INTELLECTUAL DISABILITY RESIDED IN RESIDENTIAL SETTINGS IN HONG KONG (E1021)
Chan, Y.F.F. and Fong, N.K.K.
Scientific Program and Round Table Session

Scientific Session V b: Chronic Diseases Management and Healthy Aging III
Free Paper Presentation (Venue: ST111, Moderators: Ms. Peggy Cheng and Dr. Roy Cheung)

A PROSPECTIVE COHORT STUDY ON FEEDING TUBE INSERTION IN LONG TERM CARE RESIDENTS (A1117)
Lam, K., Leung, M.F. and Wong, S.M.

ACCESSIBILITY TO HEALTH CARE AND SOCIAL WELFAIR SUPPORTS AMONG ELDERLY IN A RURAL AREA OF THAILAND (A1113)
Wongchaiya, P., Hornhtong, D., Somrongthong, R. and Wongchalee, S.

EXPLOREING NURSING ASSISTANTS’ ROLES IN THE PROCESS OF PAIN MANAGEMENT FOR COGNITIVELY IMPAIRED NURSING HOME RESIDENTS: A QUALITATIVE STUDY (A1019)
Liu, Y.W.J.

ORIENTING ATTENTION FOR PAIN ATTENUATION AMONG PATIENTS WITH CHRONIC LOW BACK PAIN: A PILOT STUDY (E1015)
Peng, J.X., Chan, S.C.C. and Chan, C.C.H.

RELATIONSHIP BETWEEN ESTABLISHMENT OF PRISM ADAPTATION AND ITS AFTER EFFECT (A1071)
Ota, H. and Ishiha, S.

RELATIONSHIP BETWEEN UPPER-EXTREMITY-SPECIFIC DISABILITY AND PSYCHOLOGICAL FACTORS – DISABILITY OF THE ARM, SHOULDER AND HAND (DASH) AND KINESIOPHOBIA (A1054)
Chikeni, T., Ishikawa, R., Morimoto, T., Shirato, R., Kato, M., Watanabe, Y. and Ota, H.

Workshop C: (Venue: GH206)
-Pain Management for Older Persons Living in Nursing Homes
Dr. Tse, M.M.Y. and Tang, S.K.

Workshop D: (Venue: TU103)
-Comprehensive Driving Rehabilitation Strategy for Older Adults with Physical and Cognitive
Dr. Jung, B.K., Park, M.O. and Kwak, H.S.

1700-1730 Closing Ceremony (Venue: JCA)

1 Dec 2014 (Monday)
0900-1200/1230 Post-Conference Short Course IV & VI
(Venue: ST522/3 [Short Course IV], GH206 [Short Course VI])
1400-1700 Post-Conference Short Course V (Venue: ST522/3)

Round Table Session

Public Policy and Healthy Aging

Date: 30 November 2014
Time: 1130-1245
Venue: Jockey Club Auditorium, The Hong Kong Polytechnic University

Panelist

Prof. Keith Hill, Head of the School of Physiotherapy and Exercise Science, Curtin University, cum President of the Asia / Oceania region of International Association of Geriatrics & Gerontology, Australia

Prof. Leon Flicker, Inaugural Professor of Geriatric Medicine, the University of Western Australia, Australia

Prof. Alfred Chan, Chairman, Elderly Commission, Hong Kong SAR

Ms. Priscilla Poon, President, Hong Kong Physiotherapist Association, Hong Kong SAR

Mr. Samuel Chan, President, Hong Kong Occupational Therapist Association, Hong Kong SAR

Ms. Edith Long, Macau Physical Therapists Association, Macau SAR

Prof. Peter Yuen, Dean, College of Professional & Continuing Education
The Hong Kong Polytechnic University, Hong Kong SAR

Dr. James Luk, President, Hong Kong Geriatrics Society, Hong Kong SAR

Prof. Paul Yip, Department of Social Work and Social Administration, The University of Hong Kong, Hong Kong SAR

Prof. Jianan Li, Professor in Rehabilitation Medicine, First Affiliated Hospital of Nanjing Medical University, Nanjing, China; Chief Medical Officer, Beijing United Family Rehabilitation Hospital, Beijing, China; President of Zhongshan Rehabilitation Hospital affiliated to Jiangsu Province Hospital, Nanjing, China; President of International Society of Physical and Rehabilitation Medicine, Geneva, Switzerland; Member of National Academy of Medicine, USA
Professor Keith Hill, PhD(University of Melbourne) Grad Dip Physio(La Trobe) BAppSc(Physio) (Lincoln Institute of HlthSc)
Head of the School of Physiotherapy and Exercise Science, Curtin University, Australia

Professor Keith Hill is Head of the School of Physiotherapy and Exercise Science, Curtin University, and a senior researcher at the National Ageing Research Institute. He is a physiotherapist with more than 30 years clinical experience in rehabilitation and aged care, and an extensive recent track record in implementing and completing a range of falls prevention, rehabilitation and physical activity programs for older people in the community, hospital and residential aged care settings. He has received over $AUD13million in research funds in the aging research area, and has published over 150 papers in the international peer reviewed literature. Professor Hill was also Chair of the Organising Committee for the 9th Asia / Oceania Regional Congress of Geriatrics and Gerontology in Melbourne, and is currently President of the Asia / Oceania region of IAGG.

Abstract

Falls prevention for older people: plenty of research evidence but limited translation.

Since the first RCT demonstrating an effective approach to reducing falls in community dwelling older, there have been over 150 randomised trials published in this setting, with many demonstrating effective single and multifactorial interventions (Gillespie et al 2012). Despite this wealth of evidence of almost 20 years, Australian hospital admissions for fall related injuries among older people continue to increase.

Aim: To review factors contributing to the lack of effective translation of RCT results in falls prevention in the community setting, particularly in high fall risk groups, and discuss options for improved translation.

Method: Key factors were identified from previous research and the literature.

Results: Factors that limit translation of effective trials into practice include (1) factors relating to the design of the RCT (eg implementation in RCTs in a manner not typical of practice; provision of transport etc); sampling for RCTs (eg inclusion criteria limiting representativeness of study populations); lack of dissemination of results of effective RCTs to the field, and lack of available resources and training to support widespread implementation; and lack of focus on barriers to uptake and sustained engagement by older people (targeted to high falls risk groups). Examples will be provided where strategies to improve translation of effective research results has been undertaken.

Discussion and conclusion: There is a need for strong focus on translation of research into practice in order to impact on the unacceptably high falls related hospitalisations. Researchers, practitioners, older people, and policy and planners all have key roles in achieving this.
Professor Leon Flicker  
Professor of Geriatric Medicine,  
Director, Western Australian Centre for Health & Ageing Centre for Medical Research  
University of Western Australia, Australia

Leon Flicker is the inaugural Professor of Geriatric Medicine at the University of Western Australia since 1998. He helped establish a research unit aimed at translational issues focusing on the health needs of older people, the Western Australian Centre for Health and Ageing. He has been interested in the risk factors, assessment and management of the common problems of older people, including falls and dementia. He also pursues studies on why some older people achieve healthy ageing. He has published over 290 peer-reviewed articles on a wide variety of health issues affecting older people including services for the health needs of older people. He remains a practicing geriatrician and is Head of the Inner City Aged Care Services based at Royal Perth Hospital.

Abstract

What predicts healthy ageing?

In recent times an effort has been made to characterize a section of the ageing population in more positive terms. Although Rowe and Kahn (1987) made a distinction was between ‘usual’ and ‘successful’ ageing, this concept was never operationalized. Some essential features of healthy ageing are the absence of chronic disease and disability and high cognitive and physical functioning. To age successfully an individual not only has to avoid the major physical illnesses but the common mental health problems of old age. There is reasonably strong evidence that treatment of hypertension decreases the risk of cognitive impairment, and moderate alcohol intake may also have some benefits on cognition, although the public health implications regarding alcohol are complex. Two papers from the Nurse’s Cohort Study suggest that increased mid-life physical activity and decreased mid-life adiposity increase the chance of healthy survival to old age. On the other hand we found that once people have reached old age having a BMI in the “overweight” range and consuming some alcohol increases survival. We found that a greater degree of education and both vigorous and non-vigorous physical activity were associated with an increased likelihood of ageing successfully in mental health and general survival.

The effect of social factors is highly contentious. We found that social network size was not associated with subsequent disability in either women or men. In contrast, satisfaction with social support was more strongly associated with subsequent disability, with lower satisfaction associated with greater difficulties in personal and instrumental activities of daily living. In an analysis from the Melbourne Collaborative Cohort study there was no evidence that any of the measures of social engagement at baseline were associated with a better chance of healthy ageing. In our analyses an increasing number of friends visiting without an invitation and an increased number of hours of social activity per week were weakly associated with a decreased chance of ageing successfully.

A dietary pattern including plenty of fruit while limiting meat and fried foods may also improve the likelihood of ageing healthily.

It seem quite likely that some of the mid-life factors that predict healthy ageing may no longer be beneficial when an individual reaches the age of 70 years. This may increase the complexity of the public health measures we utilize.
Professor Piu Chan
Professor & Director of the Beijing Institute of Geriatrics,
Department of Neurobiology, Neurology & Geriatrics,
Capital Medical University, Beijing, China

Professor Piu Chan, MD PhD, is Professor and Director of the Beijing Institute of Geriatrics, Departments of Neurobiology, Neurology and Geriatrics of Xuanwu Hospital of Capital Medical University, and Chairman of Faculty of Geriatrics and Deputy Chairman of Neurology of Capital Medical University. He acts as the deputy director of the Key Laboratory of Ministry of Education for Neurodegenerative Diseases, the director of Key Laboratory on Parkinson's Disease of Beijing, and the Director of the National Center of GCP Trials for Neurodegenerative Disorders. He has been the PI for six registration clinical trials including Phase I-III trials of a recently approved drug developed by a domestic company by SFDAA. He is an ad hoc consultant for the State Food and Drug Administration of China.

Professor Chan is well known for his translational research on neurodegenerative disorders and other age-related disorders. He has been working on developing models for CNS diseases including non-human primate models of Parkinson's disease and dyskinesia. He has been studying familial and susceptibility genes and a variety of biomarkers for Parkinson's and Alzheimer's diseases in a few unique cohorts in China aimed for prediction and prevention of neurodegenerative diseases. He has initiated projects investigating the role of polyphenols (funded by M. J. Fox foundation) and Traditional Chinese Medicine in two multi-center trials. Dr. Chan has published more than 250 peer-reviewed papers and served as editorial members of more than 15 international and Chinese journals. In 2002, he attained First Award for Scientific Achievement from both Ministry of Education and Chinese Medical Association in the People's Republic of China.

Professor Chan is the director of the Chinese Parkinson Study Group and deputy director of Committee on Parkinson's disease and Movement Disorders of the Chinese Neurology Association. He is the Vice President of the Chinese Society of Gerontology and Geriatrics, council member of the International Association of Gerontology and Geriatrics (IAGG), and Secretary of the IAGG Asia-Oceania Region. He has been appointed as the Deputy Director and Principal Investigator of Chinese National Human Genome Center since 2001. He was the President of the Society of Chinese Neuroscientists in America from 1998 to 2000 and the Secretary of Asia-Pacific Society for Neurochemistry from 2000 to 2006.

Professor Chan graduated from Hunan Medical College in Changsha and became a neurologist after the fellowship training. He later acquired his Doctor of Philosophy in neurosciences from Sun Yan-Sen University of Medical Sciences in Guangzhou followed by postdoctoral training at the Parkinson's Institute in Sunnyvale, California, where he spent more than 10 years as senior scientist before returning to Beijing in 2000.

Abstract

Prediction and Management of Parkinson's Disease

To be announced during the conference.
Professor Lindy Clemson
Professor in Ageing and Occupational Therapy, Faculty of Health Sciences,
The University of Sydney, Australia

Lindy Clemson is Professor in Ageing and Occupational Therapy, an NHMRC Career Development Research Fellow, and co-Director of the Ageing, Work & Health Research Unit, Faculty of Health Sciences, The University of Sydney. She is also an investigator on the Centre of Excellence in Population Ageing Research. Professor Clemson is an occupational therapist with a PhD in epidemiology. Her specific focus is on the physical environment, functional capacity and adaptation, daily life activity and enabling participation. She has authored over 95 refereed journal articles, five book chapters, and three books. Her major research investigates falls prevention with older people and participation issues for people with dementia. She has conducted nationally-funded trials to test the efficacy of interventions, including Stepping On and LiFE, has developed assessments related to healthy ageing and participation and is also conducting research to investigate ways to translate research into practice.

Abstract

Implementing falls prevention evidence using quality processes

We know what reduces falls, we also have good evidence which intervention works for whom and there is also strong evidence for the cost effectiveness of some programs. The focus has now turned to successful implementation of falls prevention but far less is known about issues of sustainability or how to bring programs to scale. Falls prevention is complex and there is a need to understand core components that influence both delivery and uptake of successful programs. We want to ensure the same outcomes that the researchers achieve but program drift can occur when certain features are not-embraced, when we adapt or change the innovation because of the implementation context, or we just reinvent drawing on personal experience. I shall discuss the notion of maintaining program fidelity and its importance in widespread implementation with three illustrative examples. The Translation of the Lifestyle-Integrated Functional Exercise (LiFE) program into an aged care restorative program; an implementation project; Stepping On in Wisconsin, a project which demonstrates the importance of planning, quality of service delivery and training strategies; and, third, a new project SOLVE – a primary care whole of geographical area falls prevention project based on planning, education and restructuring strategies with the GP practice at the centre of identifying fallers. It is most likely that long term sustainability calls for multicomponent strategies. If we plan and seek strategies that are appropriate for the innovation and the context then it is much more likely that adoption will be accelerated and maintained.
Focused Symposium I: Aging of Development and Intellectual Disabilities

1. “Right to Live Old Gracefully: A Paradigm Shift in the Provision of Rehabilitation Service for Persons with Intellectual Disabilities” by Ms. Elaine LAM, Officer in charge of Rehabilitation Service of Caritas, member of HK council of Social service on rehabilitation, Hong Kong

2. “Age-related changes in physical and cognitive function in adults with intellectual disabilities” by Prof. Marco PANG, Professor of Department of Rehabilitation Sciences, The Hong Kong Polytechnic University, Hong Kong

3. “Marriage Matching vs. Social Actions: strategies of aging parents planning for the long-term care for adult children with developmental deficiency in Macau” by Dr. Mark K.Y. LI, Lecturer, Department of Social Work, Hong Kong Baptist University, Hong Kong

4. “Bringing Palliative Care into Geriatrics in a Chinese Culture Society - Areas specific to the Intellectual Disability” by Dr. Benjamin CHENG, Residential Specialist (Palliative Medicine), Palliative Medical Unit, Grantham Hospital, Hong Kong

Focused Symposium II: Falls and Fall Prevention, Osteoporosis

1. “The biomechanics of fall – a scientific update” by Prof. Keith HILL, Head of the School of Physiotherapy and Exercise Science, Faculty of Health Sciences, Curtin University, Australia

2. “Advances in Managing older people with Frailty Fracture and Bone Health” by Dr. Ian CHAN, Associate Consultant, Department of Medicine and Geriatrics, United Christian Hospital, Hong Kong

3. “Elderly Fall Prevention Program in Primary Health Care Setting – New Territories West Cluster” by Ms. Cherine HO, Physiotherapist, Tuen Mun Hospital, Hong Kong

4. “Fall Prevention in Residential Care Home for Seniors: A Person Environment Congruence Approach” by Mr. Joe SHAM, Assistant Director, Hong Kong Sheng Kung Hui Welfare Council, Hong Kong
Focused Symposium III: Dementia

1. “What drug treatments work for people with dementia” by Prof. Leon FLICKER, Professor of Geriatric Medicine, Director, Western Australian Centre for Health & Ageing Centre for Medical Research, University of Western Australia, Australia

2. “Behavioural and psychological symptoms: an important therapeutic target” by Dr. Wai-Chi CHAN, Associate Professor, Department of Psychiatry, University of Hong Kong, Hong Kong

3. “Cognitive Rehabilitation for Older Adults with Early Dementia and MCI” by Dr. Grace LEE, Senior Occupational Therapist, Advanced Practitioner in Psychogeriatrics, Kwai Chung Hospital, Hong Kong

4. “An overview for the pathophysiological mechanisms of risk factors for developing dementia” by Dr. Raymond CHANG, Associate Professor, Department of Anatomy, University of Hong Kong, Hong Kong

Focused Symposium IV: Aging and Technological Advances

1. “Use of technology in the care of older people with cognitive impairment” by Prof. Timothy KWOK, Professor, Department of Medicine & Therapeutics, Faculty of Medicine, The Chinese University of Hong Kong, Hong Kong

2. “Conceptualization, development and contributions of eLIP: A technological and educational initiative to enhancing discharge planning for older people.” by Dr. Lisa LOW, Associate Professor, Curtas Institute of Higher Education, Hong Kong

3. “Gerontechnology: A Key to successful ageing” by Dr. Eric TAM, Assistant Professor, Interdisciplinary Division of Biomedical Engineering, Faculty of Engineering and Director, Jockey Club Rehabilitation Engineering Centre, The Hong Kong Polytechnic University, Hong Kong

4. “Contemporary Geriatric Rehabilitation with Technological Advances” by Ms. Helen LUK, Senior Physiotherapist, Physiotherapy Department, Queen Elizabeth Hospital, Hong Kong
Workshop A

**Organizer:** WARBURTON, Michael, BSc Physiotherapy; MSc Exercise Science, MAPA, Clinical Educator to Doctor of Physiotherapy students from Bond University, Queensland, Australia

**Title:** Hydrotherapy for Chronic Disease

**Date:** 29 November 2014

**Time:** 1615-1730

**Objectives:** This workshop will provide a refresher of the fundamentals of hydrotherapy and an overview of chronic disease together with research findings. Hydrotherapy benefits, exercise principles, outcome measures and a case study will be presented.

Workshop B

**Organizer:** FONG, Siu Ming, PT, PhD
Institute of Human Performance, The University of Hong Kong

**Additional Presenters:**
1. LUK, Wai Sum, Bachelor of Medicine
The Association of Licentiates of Medical Council of Hong Kong
2. TSANG, Wai Nam, PT, PhD
Department of Rehabilitation Sciences, The Hong Kong Polytechnic University

**Title:** Tai Chi Qigong for the Older Breast Cancer Survivors

**Date:** 29 November 2014

**Time:** 1615-1730

**Objectives:**
1. To discuss the current literature on the effects of Qigong exercise in cancer rehabilitation, especially among the older breast cancer survivors.
2. To demonstrate and practice a Qigong form - 18 Forms Tai Chi Internal Qigong.

Workshop C

**Organizer:** Dr. TSE, Mimi, PhD, School of Nursing, The Hong Kong Polytechnic University

**Additional Presenters:** TANG, Shuk Kwan, MSc, School of Nursing, The Hong Kong Polytechnic University

**Title:** Pain Management for Older Persons Living in Nursing Homes

**Date:** 30 November 2014

**Time:** 1545-1700

**Objectives:**
1. Understand the prevalence of pain and pain-related problems
2. Describe pain assessment and demonstrations of physical exercises, multisensory stimulation and aromatherapy, and play therapy as non-pharmacological strategies
3. Sharing of research findings

Workshop D

**Organizer:** JUNG, Bong-Keun, O.T.D., OTR, Assistant Professor, SOON Chun Hyang University

**Additional Presenters:** PARK, Myeong-Ok, MPH, OT, Korean National Rehabilitation Center
KWAK, Ho-Sung, BOT, OT, Soon Chun Hyang University

**Title:** Comprehensive Driving Rehabilitation Strategy for Older Adults with Physical and Cognitive Impairments

**Date:** 30 November 2014

**Time:** 1545-1700

**Objectives:**
1. To learn how to manage elderly who has risk at independent driving.
2. To learn how to use clinical assessment for screening older drivers with physical and cognitive impairments.
Pre and Post Conference Short Courses

Short Course I
Speaker: Dr Grace Lee
Senior Occupational Therapist (Advanced Practitioner in Psychogeriatrics), Kwai Chung Hospital, Hong Kong; Trainer of Montessori Methods for Dementia™, Hong Kong Occupational Therapy Association

Ms Doreen Ho
Occational Therapist, Ching Chung Care and Attention Home; Trainer of Montessori Methods for Dementia™, Hong Kong Occupational Therapy Association

Title: Working with People with Dementia and Application of Montessori Methods for Dementia™
Date: 28 November 2014
Time: 0900 – 1200
CPD: Nursing Council of Hong Kong CNE - 3 points
     Hong Kong OT Board CPD - 3 points
     Hong Kong PT Board CPD - 3 points
Cost Fee: HK$500 / US$65

Short Course II
Speaker: Prof. Lindy Clemson
Professor in Ageing and Occupational Therapy, The University of Sydney, Australia

Title: An introduction to LIFE: the Lifestyle-integrated Functional Exercise program to reduce falls in older people
Date: 28 November 2014
Time: 1400 – 1700
CPD: Nursing Council of Hong Kong CNE - 3 points
     Hong Kong OT Board CPD - 3 points
     Hong Kong PT Board CPD - 3 points
Cost Fee: HK$500 / US$65

Short Course IV
Speaker: Prof. Keith Hill
Head of the School of Physiotherapy & Exercise Science, Curtin University, Australia

Title: Multidisciplinary falls clinics - research and practice recommendations to optimise outcomes
Date: 1 December 2014
Time: 0900 – 1230
CPD: Nursing Council of Hong Kong CNE - 3 points
     Hong Kong OT Board CPD - 1.5 points
     Hong Kong PT Board CPD - 3 points
Cost Fee: HK$500 / US$65

Short Course V
Speaker: Prof. Lindy Clemson
Professor in Ageing and Occupational Therapy, The University of Sydney, Australia

Title: Falls prevention and environmental adaptation, a framework for practice
Date: 1 December 2014
Time: 1400 – 1700
CPD: Nursing Council of Hong Kong CNE - 3 points
     Hong Kong OT Board CPD - 3 points
     Hong Kong PT Board CPD - 3 points
Cost Fee: HK$500 / US$65

Short Course VI
Speaker: Prof. Piu Chan
Professor & Director of the Beijing Institute of Geriatrics, Department of Neurobiology, Neurology & Geriatrics Xuanwu Hospital of Capital Medical University, Beijing, China

Title: Assessment and management of Parkinson’s disease - deep brain stimulation
Date: 1 December 2014
Time: 0900 – 1200
CPD: Nursing Council of Hong Kong CNE - 3 points
     Hong Kong OT Board CPD - 3 points
     Hong Kong PT Board CPD - 3 points
Cost Fee: HK$500 / US$65
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**General Information**

### Conference Information

**The 9th Pan-Pacific Conference on Rehabilitation cum 21st Annual Congress of Gerontology**

**Date:** 29-30 November 2014  
**Venue:** Jockey Club Auditorium, The Hong Kong Polytechnic University, Hung Hom, Kowloon, Hong Kong


### Conference Registration Fee

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**Early Bird Registration:** On or before 31 August 2014

# All full-time students can enjoy this special rate. They must show evidence of current full-time student registration status.

### Welcome Reception

**Date:** 28 November 2014  
**Time:** 1630-1815  
**Venue:** Staff Club, 5/F, Communal Building, PolyU

### Conference Dinner

**Date:** 29 November 2014  
**Time:** 1830-2100  
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2. EUPMPC, JULY 2010.

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Dantec - Clavis EMG/STIM Device provides muscle and nerve localization wherever needed to accurately guide and monitor injection of medicinal products, such as botulinum toxin.

MagPro, TMS system (single, rTMS, Paired-pulse)
- Rep. rate: Up to 250 Hz
- TBS protocols: 30 or 50Hz (2-5 pulses per burst)
- Pulses before overheated: > 20,000 pulses
- Synchronized with Navigation, EEG, fMRI systems

Sole Agent: Wah Yip Medical Products Co. Ltd.
Room 2, 4/F, Fashion Centre, 51-53 Wing Hong Street, Cheung Sha Wan, Kowloon, Hong Kong
email: sales@wahyipmedical.com.hk
Tel: 2374 3262 Fax: 2782 7897

GSK is a science-led global healthcare company.
Our mission is to improve the quality of human life by enabling people to do more, feel better and live longer.
Postgraduate Scheme in Rehabilitation Sciences

The purpose of the Postgraduate Scheme in Rehabilitation Sciences is twofold, namely to strengthen students’ scientific knowledge and research skills so that they are better prepared to perform evidence-based practice, and to equip students with competence of specialized practices, which could lead to national and/or international certifications or recognition. There are 6 Programmes under this Scheme which admits students in alternate years.

General Information

<table>
<thead>
<tr>
<th>Scheme Code</th>
<th>51062</th>
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<tbody>
<tr>
<td>Normal Duration</td>
<td>Full-time: 1 Year, Part-time: 2.5 Years</td>
</tr>
<tr>
<td>Total Credit Requirements</td>
<td>30</td>
</tr>
<tr>
<td>Tuition Fee</td>
<td>Local Students: HK$3000 per credit(^<em>), Non-local Students: HK$4000 per credit(^</em>)</td>
</tr>
<tr>
<td></td>
<td>(^*)For MSc in Manipulative Physiotherapy only: Local Students: HK$3,200 per credit</td>
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</tbody>
</table>

Admission and Application

- **Following programmes are offered in the same admission year**
  - MSc in Manipulative Physiotherapy
  - MSc in Occupational Therapy
  - MSc in Sports Physiotherapy

**September 2015 Entry**
(Application starts from 28 November 2014)

- **Following programmes are offered in the same admission year**
  - MSc in Neurological Physiotherapy
  - MSc in Rehabilitation of People with Developmental Disabilities
  - MSc in Rehabilitation Sciences

The Programmes will invite applications for September 2016 Entry around November 2015

Enquiries

<table>
<thead>
<tr>
<th>Tel</th>
<th>(852) 2766 6728/2766 4329</th>
</tr>
</thead>
<tbody>
<tr>
<td>Fax</td>
<td>(852) 2330 8656</td>
</tr>
<tr>
<td>E-mail</td>
<td><a href="mailto:rscarr@polyu.edu.hk">rscarr@polyu.edu.hk</a></td>
</tr>
<tr>
<td>Programme URL</td>
<td><a href="http://www2.rsc.polyu.edu.hk/rm/main/postgraduates.aspx">http://www2.rsc.polyu.edu.hk/rm/main/postgraduates.aspx</a></td>
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  - Wetness indicator
- **可調節黏貼**
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- **彈性護腿防漏設計**
  - Elastic Leg Guard
- **高吸水性高份子**
  - Super absorbent polymer
- **導尿型不織布面層**
  - Funnel design non-woven top sheet

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**Maximum absorption capacity:** 2000ml

**Fit Range:**
- **M**:
  - Waist Size: 72 - 118cm
  - Hip Size: 81 - 111cm
  - Fit Size: 32" - 45"
- **L**:
  - Waist Size: 92 - 133cm
  - Hip Size: 101 - 136cm
  - Fit Size: 49" - 55"

**溫馨提示**：嘉護成人紙尿褲為重病長者或失禁者設計，請按照用家使用情況選擇合適尺碼。
Improving HOUSING for SOCIETY

9th Pan-Pacific Conference on Rehabilitation cum 21st Annual Congress of Gerontology

Date: 29-30 November 2014
Venue: Jockey Club Auditorium, The Hong Kong Polytechnic University

Rewinding the Aging Clock

Program Book

Co-organizers

Supporting Organizations

Acknowledgement of sponsorship