Departmental Seminar

Short-form Tai Chi for People with Stroke in the Community

Dr. Stephanie Au-Yeung

Assistant Professor
The Hong Kong Polytechnic University

Date: 4th Nov 2009 (Wed)
Time: 12:30 - 2:00 pm
Venue: ST522, 5/F,
The Hong Kong Polytechnic University

Dr. Stephanie Au-Yeung has research focusing on physical therapeutics that enhance neurological and functional recovery in people after stroke. Physical impairments from stroke could deter community reintegration of many stroke victims. Her recent study on a community-based modified Tai Chi programme showed that 12 weeks of the exercise could promote standing balance and activity participation in people with chronic stroke.

Parking is available – please contact Miss Rosita Tam (E-mail: rsrosita@inet.polyu.edu.hk) for a parking voucher.
Enquiries: Dr. Jack Lai (Tel: 2766 4824; email: rsjlai@inet.polyu.edu.hk)
Sandwiches, coffee and tea will be provided.