The Department of Rehabilitation Sciences (RS) has been providing high-quality internationally benchmarked entry-level education to occupational therapists and physiotherapists for 30 years. Our graduates are competent professionals serving clients in Hong Kong, Mainland China, and many other countries. We also offer excellent opportunities to practitioners and researchers to pursue further education from a disciplinary-specific or multidisciplinary perspective in rehabilitation sciences. In order to achieve its mission of providing high-quality education and mediating professional development, our Department still has a lot to do in the future. Your support is vital to facilitate this process!

Please offer your support by making a donation. Your donation, no matter whether big or small, will make an impact on the future of rehabilitation in Hong Kong and throughout the world.

**Donation Form**

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I wish to contribute to the development of RS; please allocate my donation for the following purpose(s). (Please add a "✓" where appropriate)
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- RS student development
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- Other (Please specify):

Please make your cheque payable to: THE HONG KONG POLYTECHNIC UNIVERSITY and mail it to: Department of Rehabilitation Sciences, The Hong Kong Polytechnic University, Hung Hom, Hong Kong.

**A donation receipt will be issued by the University for tax deduction purposes**

Signature: Date:

Our honourable officiating guests and alumni in the torch relay ceremony: (from left to right) Mrs Elizabeth Wong, Dr Margaret Mak, Dr Hon Joseph Lee, Prof Alice Jones, Prof Gabriel Leung, Prof Philip Chan, Ms Priscilla Poon, Prof Gabriel Ng, Miss Natalie Fung and Mr Jason Tai

The event ended with a dinner for invited guests, and we all enjoyed this gathering with our alumni and students. To commemorate this special occasion, we have produced a DVD which includes a brief history of physiotherapy education in Hong Kong, messages of congratulations from founding physiotherapists and collaborators from overseas and Mainland China, and the talk delivered by Dr Skinner. The following day was Health Promotion Day, which focused on educating the public about the importance of maintaining good health and fitness. With the help of physiotherapy students, the participants received health screening tests and advice about flexibility, muscle strength, foot health, lung capacity, balance, etc. Experienced physiotherapists delivered talks on child fitness, exercises for office workers, the prevention of sports injuries, and healthy ageing. Despite the very chilly weather, both the health screening tests and the talks were well attended. All of the participants enjoyed these tests and talks. An exhibition of historical pictures to celebrate our golden jubilee was also held on the day.

On behalf of the organising committee, I would like to take this opportunity to thank everyone who devoted their time and effort to make the event successful.

Dr Margaret Mak
(Associate Professor & the Chairperson of the Golden Jubilee Committee)

We are pleased to announce that 2010 marked the 50th anniversary of physiotherapy education in Hong Kong. To celebrate this important and memorable event, a special Golden jubilee anniversary kick-off ceremony was held on 17 December, 2010. Among the guests of honour attending this memorable event were Professor Gabriel Leung, Under Secretary for Food and Health, Government of the Hong Kong Special Administrative Region; Dr the Honourable Joseph Lee, Legislative Council Member, Health Services Constituency; and Professor Philip Chan, Deputy President and Provost of The Hong Kong Polytechnic University.

After the opening ceremony, a torch relay linked graduates from the 1960s through to 2010 and covered our important educational milestones. The relay and the lighting ceremony symbolised that the spirit of physiotherapy education in Hong Kong continues from one generation to the next.

The highlight of the evening was a talk entitled “Reflections on a golden era of education and what lies ahead”, which was delivered by Dr Margot Skinner, Executive Committee Member of the World Confederation for Physical Therapy. The talk guided us through 50 years of developments in physiotherapy and then enlightened us on expected future developments.
The Hong Kong Journal of Occupational Therapy (HKJOT)

25th Anniversary

Dr Kenneth Fang (Assistant Professor & Editor-in-Chief, HKJOT)

The Hong Kong Journal of Occupational Therapy recently celebrated its 25th anniversary and its achievements. On 17 December, 2010, the Hong Kong Occupational Therapy Association (HKOTA) held a dinner reception at a restaurant in the Hong Kong Polytechnic University. Guests included past editors, local reviewers, and Executive Committee members of the association. The HKOTA first published its own journal - the Journal of the Hong Kong Association of Occupational Therapists (HKJOT) - in 1985. The journal was renamed the "Hong Kong Journal of Occupational Therapy" (HKJOT) in 1993. Since 2001, the journal has been published by external publishers: Excerpta Medica Asia Ltd (2001-2002) and Elsevier (Singapore) Pte Ltd (2003 onwards). It has become an important forum for the presentation of ongoing research by eminent occupational therapy practitioners and researchers in Hong Kong, China and the Asian Pacific region. Having recently received its first impact factor (0.462) in the Science Citation Index (SCI) in the Journal Citation Report 2009, it also a significant source of information for occupational therapists and clinicians across South-East Asia on patients of Asian ethnicity and the practice of health care within the context of cultures and health care systems in the East. The journal is now indexed in SCI Expanded, CINAHL, EMBASE and SCOPUS, and is ranked 27th in the Rehabilitation Category of the SCI.

Milestones of the HKJOT

1985 First issue of the journal (vol.1, no. 1), which, at that time, was called the Journal of the Hong Kong Association of Occupational Therapists, published in June. The journal was an official publication of the Hong Kong Occupational Therapy Association (HKOTA). It was published twice annually by the association. The first Editor-in-Chief was Ms Shelley Chow

1989 Decision made to publish one issue per year (vol. 5, no. 1). Mr Eddy Lo took over as Chief Editor

1990 Published by Elsevier (Singapore) Pte Ltd (2001-2002)

1993 Published twice yearly again

2002 Prof Cecilia Li served as Editor-in-Chief

2004 Dr Kenneth Fong served as Editor-in-Chief

2006 Published twice yearly again (since vol. 17, no. 1)

2008 Selected for coverage in Thomson Reuters, beginning with vol.17 (no. 1), 2007, and in the SCI Expanded and Journal Citation Reports

2010 Published its first special issue on the topic of hand rehabilitation (vol. 20, no. 1). The second special issue will be published in the topic of mental health in Jan 2011

Received its first impact factor (0.462) in the Journal Citation Report 2009; ranked 27th in the Rehabilitation Category of the SCI.
Our physiotherapy students have been awarded a certificate of excellence under the umbrella of the Community Service Learning Awards 2009/10, which are organised by the Student Affairs Office. The project was entitled "PolyU Physiotherapy Team helps in success of the HK 2009 East Asian Games". More than 120 physiotherapy students assisted in providing on-field physiotherapy services to athletes at the East Asian Games (EAG) in 2009. Students joined together to be part of the legend and to make the Games the most successful event in history! Their dedication and hard work has been well recognized within the community.

We are very proud of our students’ performance, and we will encourage them to continue to learn and develop through serving the community. Irrespective of winning or not, participation itself deserves commendation. By volunteering at the EAG, our students have already learned the true spirit of sportsmanship. Congratulations once again to our EAG physiotherapy student volunteers!

Miss Shirley Fong (Clinical Associate & CSLP Project advisor)

Choi Ming Chun (Year 2 Physiotherapy Student & Leader of the Champion Team)

The Pneumoconiosis and Mesothelioma Quiz 2010, which was organised by the Pneumoconiosis Compensation Fund Board, aimed to promote occupational health and awareness of these two incurable respiratory disorders. With encouragement from the teachers, physiotherapy students actively enrolled in this worthwhile competition. We formed a total of five teams to compete in the university group.

After intensive study of relevant materials, we participated in the preliminary round of the competition in mid-October 2010. The strong ties between each team member enabled us to achieve a great result. We eventually prevailed over more than 60 teams from different universities and institutions to reach the final round.

The final round of the competition was held in the Dragon Centre on Sunday, 28 November. We were lucky enough to have two teams in the final round. The competition was very vigorous and the atmosphere was particularly intense during the catching question session. Towards the end of the competition, the two teams of physiotherapy students were well ahead of others. It was a close race, and we won both the champion and the first runner-up spots in the competition. We were very honoured to win, but more importantly, we had strengthened our relationships with our fellow classmates and enhanced our knowledge of respiratory disorders.

Choi Ming Chun (Year 2 Physiotherapy Student & Leader of the Champion Team)

The winning teams are listed below

CHAMPIONS: Choi Ming Chun, Cheung Tsz Lap, Chow Kai Yuen, Ip Yiu Chung and Kwong Sheung Tat (Year 2 Physiotherapy Students)
FIRST RUNNERS-UP: Lai Chi Wing, Tai Wai Kin, Kwok Tin Kin, Li Kwan Yin and Li Wing Shan (Year 2 Physiotherapy Students)

Our group was recently presented with an Award of Merit by the Access Guide Project 2009. The project was organised by the Hong Kong Society for Rehabilitation in collaboration with the Hong Kong Tourism Board, the Hong Kong Occupational Therapy Association, and the Agency for Volunteer Service. It aimed to update the information regarding accessible facilities for tourists and hence to promote Hong Kong as an accessible metropolis for all. The information gathered has been published in “A Visitor’s Guide to Accessible Facilities in Hong Kong 2010”, which is available at the following website: http://accessguide.hk. Hard copies of this guide are disseminated in various places, such as airports and train stations, for the convenience of tourists.

This project was implemented in the summer of 2009 and over 250 sites were assessed. We acted as the leaders in contacting sites, scheduling the visits, allocating manpower, performing on-site assessments, and collecting and reporting the data. In each group, about 20 volunteers (including people with disabilities, elderly people, and students, as well as junior year OT students) carried out on-site research into designated tourist attractions including arts and performance centres, churches, computer centres, convention and exhibition centres, food courts, hotels, markets, museums, scenic spots, shopping malls, temples and theme parks. Measurements of the facilities, such as the entrances, disabled toilets, lifts, slopes, and corridors, were taken.

This was a meaningful experience for us in terms of understanding more about the roles of OT in assessing accessibility for people in need which in turn prepare us for the future professional practice, as well as the care for the society!

Tsoi Yin N, Mang Wun Hung, Cheung Ting Ting, Wong Wing Shan and Au Yeung Wai Nok (Year 3 Occupational Therapy students)

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Tsoi Yin N, Mang Wun Hung, Cheung Ting Ting, Wong Wing Shan and Au Yeung Wai Nok (Year 3 Occupational Therapy students)
Activities and Ceremonies

17 Dec 2010
Cynthia Tang Memorial Scholarship Ceremony
Prof Alice Jones (third from right) and Prof Chunyan Chan (second from left) receiving a cheque from donor Mr Tang Wai Keung (third from left)

17 & 18 Dec 2010
Golden Jubilee Celebrations of Physiotherapy Education in Hong Kong
Officiating guests and representatives of the graduates after the torch relay ceremony

12 & 13 Jan 2011
Retreat 2011
All staff gathered together at the Jockey Club Sai Kung Outdoor Training Camp for a two-day off-site meeting

14 Jan 2011
Press Conference - Driving Behaviour of Hong Kong Motorcyclists
Dr Andy Chung (left) and Dr Terry Ng (right) report the findings of the project

22 Jan 2011
"PolyU Serving the Community" Day
The kick-off ceremony before Health Promotion Day

RS staff and students who took part in the event

17 Jan 2011
Cynthia Tang Memorial Scholarship Ceremony
Prof Gabriel Ng (third from right) & Dr Gladys Cheing (second from right) receiving the congratulations of other colleagues

The President’s Awards for Excellent Performance/Achievement 2009/2010
Faculty/School Awards for Outstanding Performance/Achievement
Research and Scholarly Activity - Dr Marco Pang

Best Paper Presentation Award, the Australasian Society for Ultrasound in Medicine 40th Annual Congress
Miss Sammi Tsui, Physiotherapist I from the Rehabilitation Clinic, received the ‘Best Paper Presentation Award’ at the Australasian Society for Ultrasound in Medicine 40th Annual Congress in September 2010

Love Ideas Hong Kong Competition
Dr Margaret Mak
Winning Project:
Love Ideas Hong Kong — a ‘love and care’ initiative to raise funds and awareness for the rehabilitation of people with disabilities

First Prize, Assistive Device Competition
Year 3 Occupational Therapy students: Charles Lau, Teresa Tse, Ben Wong, and Kristy Yuen won first prize in the Assistive Device Competition organized by the Association for Engineering and Medical Volunteer Services (EMV) in August 2010 with their “I-lace” device - a simple tool to help hemiplegic people to tie their shoelaces with one hand. The winning team are pictured here with Mr Chan Fan, the Deputy Director of the Electrical and Mechanical Services Department, Hong Kong

Third Prize, Assistive Device Competition
Year 3 OT student Ms Tsoi Yin Ni representing her teammates, Deng Xiu, Wang Yixuan, Wong Wiing Shan and Wong Wai Shun, to receive the third prize. Their winning product is the “E-drinker”

Certificate of Merit, Assistive Device Competition
A group of Year 3 OT students, Chan Tsz Yiu, Chu Wa Ho, Ho Yuen Ting, Ng Tsz Yan and Yung Yi Ling, won a certificate of merit for their prototype, the “Pump-pump drug”

Editors’ Corner
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